

# *Lunch Menu*



*Full Menu Take-Out*  
*Full Service Catering*  
*802-362-1254*

# SPECIALTY SANDWICHES

Take Out Available call 802-362-1254

All Sandwiches served with Mad House Munchie Potato Chips & a pickle  
(unless otherwise stated) substitute a side for chips add \$1 split charge \$1.50

Grilled Chicken Breast w/ bacon, lettuce, tomato, red onion, melted Provolone on a Multi-Grain Kaiser w/ pesto mayonnaise \$8.95

Reuben, your choice of thinly sliced lean corned beef or pastrami grilled on rye w/sauerkraut, imported Swiss cheese, & Thousand Island dressing \$8.95

Thanksgiving Sandwich, all natural roasted turkey, homemade stuffing & cranberry sauce grilled on your choice of bread \$8.95

The Santa Fe Vegetarian Burger, w/ melted Cabot x-sharp Cheddar cheese, lettuce, tomato, sprouts & pesto mayonnaise on a Kaiser w/ a side of fruit salad \$9.95

The Vermonter, smoked ham, melted Cabot x-sharp Cheddar cheese, tomato & whole grain maple mustard on sourdough toast \$8.95

Club Sandwich, choice of roast turkey, or roast beef w/bacon, lettuce, tomato, Cabot x-sharp Cheddar cheese & Hellmann's mayonnaise on choice of toast \$8.95

Joann's Wrap, a spinach tortilla stuffed w/smoked turkey, bacon, avocado, roasted red peppers, red onion, tomato, baby spinach, Muenster cheese & dijonaise served w/ a side of potato salad \$9.95

Meatloaf Sandwich served hot w/bacon, Cabot x-sharp Cheddar cheese, & Sweet Baby Ray's barbecue sauce on your choice of toast \$8.95

The Gourmet Grilled Cheese w/Maple Brook Farm fresh mozzarella, bacon, avocado, red onion, tomato, & basil pesto on sourdough \$8.95

Veggie Wrap, a tomato tortilla stuffed w/ sprouts, cucumbers, lettuce, tomato & roasted red peppers, Cabot x-sharp Cheddar cheese & Balsamic vinaigrette \$8.50

Roast Beef & Portabella grilled w/tomato, red onion, melted imported Swiss cheese & Pesto mayonnaise on a multi-grain Kaiser \$8.95

Veggie Delight w/tomato, avocado, red onion, sprouts, roasted red peppers, spinach, dijonaise & imported Swiss cheese on toasted rye \$8.50

W/ Portabella Mushroom \$9.50

## The Gourmet Deli's Homemade Soups

priced daily!

◇ Our soups are made with only the freshest ingredients, gluten free options, & always a daily vegetarian selection. Served by the cup, bowl, or quart to take home  
**OUR AWARD WINNING CHILI!**

Vegetarian chili topped w/ shredded Cabot x-sharp Cheddar cheese, sour cream, scallions & pita chips Cup \$6.25 bowl \$7.95 quart \$12.00

Great Bowls of Chili all beef chili topped w/ Cabot x-sharp Cheddar, sour cream, scallions & corn muffin Cup \$6.25 bowl \$7.95 or quart to take home \$15.00

½ deli sandwich w/ Cup of soup \$7.95 or Cup of chili \$8.95

½ specialty sandwich w/ Cup of soup \$8.95 or Cup of chili \$9.95

Homemade dressing choices:

Balsamic Vinaigrette, Vt. Maple Dijon, Creamy Garlic, or Bleu Cheese by the pint \$5.00

Farmers Garden Salad, mixed field greens w/assorted fresh vegetables \$6.95  
≈ Topped w/ grilled chicken \$8.95

Spinach Salad, fresh picked baby spinach tossed in Balsamic Vinaigrette, topped w/mushrooms, crumbled bacon & hard boiled egg \$8.95  
≈ Topped w/ grilled chicken \$10.95

Caesar Salad, crisp romaine tossed with our homemade Caesar dressing, Asiago cheese, & garlic croutons (w/ anchovies, if you please!) \$8.95  
≈ Topped w/grilled chicken \$10.95

Cobb Salad, smoked turkey, smoked ham, avocado, Bleu cheese crumbles, & hard boiled egg served over a bed of fresh greens w/assorted fresh vegetables \$11.95

Hummus & Tabbouleh Salad Plate our homemade hummus & tabbouleh served over our Farmers garden salad w/ corn salsa, & pita chips \$10.95  
Homemade hummus & pita chips as an appetizer \$4.95

Grilled Crab Cakes, our own recipe made w/100% jumbo lump crab meat on a bed of mixed greens, corn salsa, chipotle mayonnaise & French bread \$11.95  
Grilled crab cakes as an appetizer \$9.95

"Earth" or "Sea" Salad, choose from Waldorf chicken salad or solid Albacore tuna salad w/cottage cheese, served over our Farmers garden salad & pita chips \$10.95

**Smaller sized salads available upon request**

Quiche of the day w/ your choice of a garden salad or cup of soup priced daily

<u>Side Orders</u>	Waldorf chicken salad	\$4.95	Solid Albacore tuna salad	\$5.95
	Cole Slaw	\$2.25	Macaroni Salad	\$2.25
	Pasta Salad (when available)	\$2.75	Cottage Cheese	\$2.25
	Potato Salad	\$2.50	Fruit Salad	\$3.95

# Create Your Own Deli Sandwich

Served w/ choice of Hellmann's mayonnaise, Gulden's spicy brown mustard, dijonnaise, pesto mayonnaise, chipotle mayonnaise, horseradish cream, or whole grain maple mustard w/ American, Swiss, Muenster, or Provolone cheese on Country white, whole grain wheat, or rye.

*\*All served w/ Mad House Munchies Potato Chips & a dill pickle spear  
Substitute a side for \$1.00*

Roasted Turkey	\$7.50	Smoked Ham	\$7.50
Smoked Turkey	\$7.50	Hard Salami	\$7.50
Roast Beef	\$7.50	BLT	\$6.95
Waldorf Chicken Salad	\$7.50	Egg Salad	\$5.25
Liverwurst & onion	\$7.50	Grilled corned beef & Swiss or	
Solid Albacore tuna salad	\$7.95	Grilled pastrami & Swiss	\$7.50
Mackenzie All Natural Hot Dog	\$4.95	Grilled Vt. Cheddar	\$5.75
w/ sauerkraut, or homemade chili	\$5.50	w/tomato	\$6.50
w/choice of side-other than chips	\$5.95	w/tomato & bacon	\$7.50

*Lettuce and tomato automatic  
on all sandwiches excluding  
those grilled & PB&J*

**CHILDREN'S CORNER** \$4.95  
Grilled chicken strips  
Grilled American Cheese  
Mackenzie All Natural Hot Dog  
PB & J

## **FULL SERVICE CATERING**

◇ ANY SIZE

◇ ANY OCCASION

◇ SIMPLE TO SIMPLY  
ELEGANT

◇ FULL MENU TAKE-OUT

◇ CALL AHEAD FOR PICK UP!!

## Extras on Sandwiches

marble rye	.50	sourdough	.50
Kaiser	.50	Multi grain Kaiser	.75
Croissant	1.00	portabella	1.00
Avocado	1.00	Bacon	1.00
Cranberry Sauce	.75	sprouts	.50
Sauerkraut	.50	Red Onion	.50
Cabot X- sharp Vt. Cheddar	.50		
Smoked gouda	.50	Feta	.75
Local Fresh Mozzarella	1.00		
Hot peppers	.50	Coleslaw	.50
Baby spinach	.50		







## BEVERAGES refills on fountain drinks, iced tea, & coffee

<i>Fountain Drinks - Coke, Diet Coke, Sprite, Ginger Ale, Root beer w/refill</i>	<i>\$2.25</i>		
<i>Fresh Vt. Apple cider- cold - hot mulled (seasonal)</i>	<i>\$3.25</i>		
<i>Hot Coffee or Assorted Tea</i>	<i>\$1.95</i>	<i>Hot Chocolate</i>	<i>\$2.00</i>
<i>Fresh Brewed Iced Tea w/refill</i>	<i>\$1.95</i>	<i>Small Milk</i>	<i>\$1.75</i>
<i>Real Lemonade (seasonal)</i>	<i>\$2.25</i>	<i>Large Milk</i>	<i>\$2.25</i>
<i>Chai Tea Latte</i>	<i>\$2.50</i>	<i>Vermont Spring Water</i>	<i>\$1.50</i>
<i>Boylan's All Natural Sodas: Cream, Black Cherry, &amp; Cola</i>	<i>\$2.95</i>		
<i>Virgil's all natural root beer</i>			

*Orangina, Chocolate Nesquick, Saratoga Sparkling Water, Reed's Ginger Beer,  
Diet Nestea, & powerade*

*Joe Tea- sweetened w/ Lemon, Raspberry, Peach, & Green Tea  
\$2.50*

## WINE, BEER, SPLITS OF CHAMPAGNE, AND MIMOSAS

### Homemade Desserts

*Phyllis' Pecan Pie*

*Phyllis' French Silk Pie*

*Chocolate chip or oatmeal raisin cookies*

*Ask your Server about our other delicious desserts!*

*We make Cakes and offer full service catering, too!*

The appropriate Vermont State Tax (10% Meals 11% Alcohol)  
will be added

Quality service is customarily rewarded by a gratuity of 18-20%.

We accept Visa, MasterCard, Discover & local personal checks.

*Thank you for your continued patronage!!*

*Melanie & the Gourmet Deli & Café staff*

*LOCAL, VT. MAPLE SYRUP Available in Pints, Quarts, ½ Gallons & gallons - Ask Your Server*

*From Our Kitchen To Yours*  
***The Gourmet Deli & Café's***  
*" Let Us Do the Cooking"*  
***Brochure***

*Meals to-go for 1 to 100*

*Call ahead to let us know when you'll be arriving & we'll have it  
ready for pick up!! 802-362-1254*

*Would you like to have dinner ready when you get into town after the 4 hour  
drive from the city?*

- ✚ After a day of skiing, hiking, or shopping?*
- ✚ A long day at work?*
- ✚ Or taxiing the kids to & from practices, games, etc?*
- ✚ Having a crowd? Or just the two of you?*
- ✚ We have the perfect solution! **Let us do the cooking** for you!*

*Here's a sampling of our selections:*

- ❖ Hearty Soups & Chili*
- ❖ Vt. Maple glazed baked ham*
- ❖ Quiche*
- ❖ Lasagna ( meat or veggie )*
- ❖ Meatloaf*
- ❖ Macaroni & cheese*
- ❖ Assorted salads*
- ❖ Appetizers (crab cakes, spanakopita, bruschetta, etc.)*
- ❖ Assorted sandwich platters*
- ❖ Many vegetarian options*
- ❖ Delectable Desserts*
- ❖ Call today and let us prepare your next meal*

*Choose from our selections or we'll do our best to accommodate your request*

*◇Full Service Catering Also Available- your place or ours◇*

***\*Convenient\* \*Delicious\* \*Affordable\****

*Call today to make arrangements*

*802-362-1254*

